

# THE SOCIETY OF THE NEW YORK HOSPITAL



Created by Royal Charter in 1771  
in the reign of King George III

## THE ANNUAL REPORT OF THE MEDICAL DIRECTOR OF

The New York Hospital—Westchester Division  
WHITE PLAINS, NEW YORK

1964



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## HISTORICAL NOTE

The New York Hospital owes its inception and growth to the efforts of public spirited citizens. In 1769, Dr. Samuel Bard, later Washington's personal physician, delivered an address at the King's College commencement exercises in Trinity Church on the occasion of the awarding of some of the first medical degrees in America. In this address he pointed out the vital need for a hospital in New York City. Interest was aroused among influential men and the Governor of the Province headed the subscription list which raised liberal funds for this purpose.

In 1771 a royal charter was granted by King George III to "the Society of the Hospital in the City of New York in America." Through the efforts of Dr. John Fothergill, an old friend and adviser of Dr. Bard in London, the Society also received gifts from English friends, and in 1772 was granted an allowance of 800 pounds by the Legislature of the Province. In 1773, the Governors of the Society purchased five acres of land on the west side of Broadway opposite Pearl Street, and the cornerstone of the hospital was laid by Governor Tryon of New York. Construction was begun immediately but in February, 1775, the interior of the building was almost completely destroyed by fire. Although rebuilding was started at once, it was soon halted by the outbreak of the War of Independence. The unfinished structure was used both as barracks and as a military hospital for wounded American soldiers.

Because of the confusion in civic affairs following the war, the hospital was not opened to civilians until January, 1791. From the beginning the Governors recognized that patients suffering from nervous and mental disorders were sick people and they were admitted into the same building with medical and surgical cases. In 1808 a separate building was erected on the hospital grounds to provide more adequately for the care of mental patients.

In 1810 the legislature of the new State of New York confirmed the original charter and the Society became "The Society of the New York Hospital."

In the years following it was found desirable to move the division for mental patients to a newly purchased piece of property on Bloomingdale Road, seven miles north of the city, where the Bloomingdale Asylum was built and opened in 1821. As the city continued to grow, this property was sold to Columbia University and other institutions, and the Bloomingdale Hospital was moved in 1894 to its present location in White Plains.

Since the construction of the original hospital buildings in White Plains, there have been extensive developments of the property, among which may be mentioned the following: the construction of Macy and Banker Villas for men patients; Brown Villa, Bard House and Bruce House for women patients; special occupational therapy buildings and gymnasia for both men and women patients; clinic buildings, including operating room unit and dental and X-ray laboratory units; a staff house, a student nurses' house, a staff house annex, and nine cot-

tages for physicians. In 1938 a modern building for physical therapy was constructed in connection with the men's department. In 1941 the Nichols Cottage, an air-conditioned building with accommodations for twenty disturbed women patients, was constructed and named in honor of Dr. Charles H. Nichols, medical superintendent of the hospital from 1877 to 1899. In 1954 the building for special therapies was opened, enabling the hospital to treat more women patients. Two elevators were installed in the main building in 1955. The Thomas Eddy Education Building was completed in the fall of 1955 for the instruction of the affiliating student nurses. The outpatient department was dedicated on December 8, 1956 and opened to receive patients on January 1, 1957. On January 15, 1958, a hall for boys was opened. Other sections of the hospital have been modernized by renovation, promoting the safety and medical care of the patients. A nine-hole golf course is available, and the grounds, 236 acres in extent, have been otherwise developed. The modern cafeteria for personnel was opened in 1959.

By vote of the Board of Governors of the Society on June 15, 1936, the name of the Bloomingdale Hospital was changed to "The New York Hospital — Westchester Division" in order to convey a clearer understanding than had hitherto prevailed of the relation of the hospital in White Plains to the Society of the New York Hospital.

# THE SOCIETY OF THE NEW YORK HOSPITAL

## FOR THE YEAR 1965

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### OFFICERS

FREDERICK K. TRASK, JR. ....	<i>President</i>
FRANCIS KERNAN .....	<i>Vice-President</i>
JEAN MAUZÉ .....	<i>Vice-President for Finance</i>
WALTER G. DUNNINGTON, JR. ....	<i>Vice-President for Membership</i>
KENNETH H. HANNAN .....	<i>Vice-President and Chairman of the Budget Committee</i>
ERNEST F. GAMACHE .....	<i>Secretary and Treasurer</i>

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JOSEPH C. HINSEY\*

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ALBERT CAREY WALL

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\* Ex-officio



MEDICAL AND EXECUTIVE STAFF  
OF  
THE NEW YORK HOSPITAL—WESTCHESTER DIVISION

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*Medical Director*

JAMES H. WALL, M.D., F.A.C.P.

*Assistant Medical Director and Clinical Director*

CURTIS T. PROUT, M.D., F.A.C.P.

*Physician in Charge of Men's Department*

DONALD M. HAMILTON, M.D.

*Physician in Charge of Women's Department*

HARRY H. MOORHEAD, M.D.

*Physician in Charge of Outpatient Department*

WILLIAM K. MCKNIGHT, M.D.

*Director of Laboratories and Internist*

HOLLIS E. CLOW, M.D.

*Assistant and Physician to Employees*

MAURA LYNCH FLYNN, M.D.

*Senior Assistant Psychiatrists*

SAMUEL FELDMAN, M.D.

ROBERT A. MCKINLEY, M.D.

ROSEMARY B. FELTON, M.D.

JANE F. O'NEIL, M.D.

HERBERT E. MCGREW, M.D.

EDWARD E. SEELYE, M.D.

PORTER H. WARREN, M.D.

*Teaching Consultants in Psychiatry*

GERARD FOUNTAIN, M.D.

AVRAAM T. KAZAN, M.D.

DANIEL HERTZ, M.D.

ROBERT G. KNIGHT, M.D.

VERNON SHARP, M.D.

*Resident Physicians*

HEBER W. BECKER, JR., M.D.

ALAN C. RAINE, M.D.

DAVID E. BROWN, M.D.

GARY A. SNEED, M.D.

*Assistant Resident Physicians*

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BARBARA E. O'BRIEN, M.D.

RICHARD B. GOULD, M.D.

WALTER J. ORR, M.D.

SAUL GREENBERG, M.D.

DAVID B. ROBBINS, M.D.

RICHARD F. HATTAN, M.D.

WILLIAM L. STEWART, M.D.

E. LESLIE VAN NOSTRAND, M.D.

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*Dental Surgeon*

RALPH A. SLATER, D.M.D.

*Assistant Dental Surgeons*

RICHARD A. ERN, D.D.S.

JOHN A. STAMATOV, D.D.S.

EDWARD A. SCHWANDERLA, D.D.S.

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BYARD WILLIAMS, M.D., F.A.C.P.

### *Urology*

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### *Gynecology*

FREDERICK WALL FINN, M.D.

### *Ophthalmology and Otolaryngology*

JOHN R. EMERY, M.D., F.A.C.S.

ARNOLD W. FORREST, M.D.

### *Radiology*

CHARLES G. HUNTINGTON, M.D., M.A.C.R.

## CONSULTING STAFF

### *Surgery*

WALTER W. MOTT, M.D., F.A.C.S. WALLACE MOORE SHERIDAN, M.D., F.A.C.S.

EDWARD A. RAYMOND, M.D. WIN HENRY WATTERS, M.D.

WILLIAM ROBERT SHERA, M.D. BARRAUD J. WATSON, M.D.

### *Medicine*

ROBERT EARL LEE, M.D.

WILLIAM D. STUBENBORD, M.D., F.A.C.P.

EDWARD W. WEBER, M.D.

### *Gynecology*

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THOMAS C. PEIGHTAL, M.D., F.A.C.S.

### *Urology*

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JAMES C. MONTEITH, M.D.

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GEORGE A. KEATING, M.D.

### *Dental Surgeon*

WILLIAM T. CARROLL, D.D.S., Ph.G.

### *Oral Surgery*

SHERMAN EDWARD GORDON, D.D.S.

FRANK LUCAS LEWIS, D.D.S.

### *Orthodontia*

FRANKLIN A. SQUIRES, D.D.S.

## EXECUTIVE STAFF

### *Director of Nursing*

ANNE M. MEYERS, M.A., R.N.

### *Assistant Director of Nursing*

MARY ANN HURLEY, B.S., M.A., R.N.\*

### *Instructor in Nursing*

WESLEE ANNE MCGOVERN, B.S., M.A., R.N.

### *Clinical Instructors*

HARRIETT HELLER, R.N. CYNTHIA LUKE, B.S., R.N.

BEVERLY MCKAY, B.S., R.N.

### *Supervisors*

GRACE BLOOM, R.N.

JOHN MIRBACK, R.N.

HELEN FISH, R.N.

CHARLOTTE NEWMAN, R.N.

JOHN HAGGERTY, R.N.

DOROTHY RANSON, R.N.

ROSEMARY MAGHER, B.S., R.N.

LILLIAN YATES, R.N.

### *Directors of Occupational Therapy*

MARY FRANCES LEETE, O.T.R.

ELEANOR S. OWEN, O.T.R.

### *Directors of Physical Education*

ELLEN E. PHELAN, M.A.

ALBERT J. GORTON, M.A.

### *Director of Psychology Department*

ARMAND W. LORANGER, Ph.D.

### *Director of Social Service Department*

LUCILLE ANDREWS, M.S.

### *Director of Physical Therapy*

KATHRYN M. DURKIN, R.N.

### *Director of Music*

ROBERT L. MILLS, B.A., F.A.G.O., R.M.T.

### *Librarians*

ANN BERNHOLZ, B.S.

LILLIAN A. WAHROW, B.A., B.S.

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MARION M. MILLER, B.A.

### *Director of Business Administration*

VASSAR W. JOHNSON

### *Assistant Director of Business Administration*

WILLIAM B. McDONALD

### *Supervising Engineer*

ROBERT J. HAMILTON

### *Director of Department of Nutrition*

MARION P. RANDALL, B.S.

### *Director of Housekeeping*

HELEN R. SMYTH, B.A.

### *Dental Hygienist*

ALMA M. MCKIRGAN, D.H.

### *Secretary to Medical Director*

ANN HINTZ

### *Apothecary*

WALTER HOPFMANN

### *Chaplain*

THE REVEREND DAVID B. WEDEN

\* As of January 20, 1965



MAIN ENTRANCE

THE SOCIETY OF THE NEW YORK HOSPITAL  
THE ANNUAL REPORT  
OF  
THE MEDICAL DIRECTOR

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THE NEW YORK HOSPITAL—WESTCHESTER DIVISION

WHITE PLAINS, NEW YORK

1964



OUTPATIENT DEPARTMENT

# THE SOCIETY OF THE NEW YORK HOSPITAL

## NEW YORK HOSPITAL—WESTCHESTER DIVISION

*To the Board of Governors of The Society of the New York Hospital:*

I have the honor to present herewith the report of the New York Hospital—Westchester Division for the year ending December 31, 1964.

This year marks the seventieth anniversary of the removal to White Plains of the now one hundred ninety-four year old hospital. The outpatient department, which greatly extended the hospital's service to the community, is now eight years old. There has been increasing cooperation between the various commercial and voluntary organizations of the community and the needs of our many convalescent patients who are making the transition from the hospital to their homes. Thirty-seven per cent of our patients admitted to inpatient service came from Westchester County and only County residents are treated in the outpatient department. The hospital has become more closely integrated with the mental health needs of the community through its programs of treatment, teaching, research and prevention.

Extensive improvements to the plant and advancements in standards of care and treatment have been made possible as a result of the substantial contributions of friends of the hospital. In a later section of the report there is a more detailed presentation of the needs of the hospital.

### ADMISSIONS

During the year 301 patients, 165 women and 136 men, were admitted for treatment to the inpatient service. As in former years preference was given to patients suffering from acute psychiatric disorders. One hundred eighty-eight, or 62 per cent, of those admitted were under fifty years of age and 49, or 16 per cent, were under the age of twenty-one.

In psychiatric disorders the personality of the individual patient is affected in such a manner that there is a departure from the average way of functioning in the various spheres of life. The individual suffering from mental illness is unable to function effectively at work or in interpersonal relations in the family and social group and is in need of understanding help in a planned and structured environment. Most of the patients are suffering from functional disorders which develop as a result of prolonged or sudden stress or strain in overwhelming life situations. The patients react according to their constitutional endowments, temperaments and personality makeup.

Some patients become overactive under pressure, elated and overtalkative, while others of the same reaction type become depressed, self-depreciatory, self-accusatory and retarded. Such disorders were classified as manic-depressive reaction; sixty, or 20 per cent, of the patients admitted were so diagnosed.

Many tender-minded, sensitive individuals under strain and stress are prone to withdraw from and misinterpret their environments, to project their diffi-

culties and to develop trends of thought about themselves, other people, and their environment. Some of these react with excitement and impulsiveness while others regress into periods of stupor or become apathetic and indifferent. These personality disorders were diagnosed as schizophrenic. Of the total admissions there were 103, or 34 per cent, so diagnosed.

Twenty-four, or 8 per cent, had psychiatric disorders associated with the climacterium or involutional period, or the change of life. These reactions are extreme exaggerations of the feeling, thinking and behavior of this life epoch.

The reactions such as anxiety, tension, hysteria, phobias, together with mild reactive depressions, compulsions and obsessions were designated as psychoneurotic. They need the support and balancing effects of planned daily living in addition to medical and psychotherapeutic measures. Twenty, or 7 per cent, were so diagnosed.

Many patients were admitted with severe problems associated with immaturity, inability to learn from experience and to sustain effort and assume responsibility. Some of these patients were suffering from alcoholism and drug addiction.

A few patients with organic brain syndromes were admitted. The following table gives in detail the information on diagnostic groupings.



# DIAGNOSTIC GROUPING OF ADMISSIONS

	Men	Women	Total
Psychoses with other infectious diseases:			
Psychoses due to alcohol .....	3	2	5
Psychoses with cerebral arteriosclerosis .....	6	11	17
Psychoses due to trauma .....	2	....	2
Senile psychoses:			
Simple deterioration .....	3	1	4
Involucional psychoses:			
Melancholia .....	5	13	18
Paranoid type .....	....	6	6
Psychoses due to other metabolic diseases:			
Exhaustion delirium .....	....	1	1
Psychoses due to unknown or hereditary cause but associated with organic change:			
Multiple sclerosis .....	1	1	2
Manic-depressive psychoses:			
Manic type .....	10	....	10
Depressive type .....	5	7	12
Circular type .....	11	9	20
Mixed type .....	2	16	18
Dementia praecox (Schizophrenia):			
Simple type .....	1	3	4
Hebephrenic type .....	....	1	1
Catatonic type .....	35	32	67
Paranoid type .....	12	17	29
Other types .....	....	2	2
Psychoses with psychopathic personality .....	1	5	6
Psychoneuroses:			
Psychasthenia .....	1	....	1
Reactive depression .....	3	6	9
Mixed psychoneurosis .....	3	8	11
Without mental disorder:			
Alcoholism .....	24	19	43
Drug addiction .....	4	3	7
Psychopathic personality .....	4	2	6



MUSIC DEPARTMENT

Two hundred seventy, or 90 per cent of those admitted, came from New York City and the surrounding suburban areas. One hundred ten, or 37 per cent of all admissions came from Westchester County; 30 were from White Plains. Patients came from 16 States other than New York and two came from other countries.

Two hundred nineteen, or 73 per cent, were admitted on their voluntary applications; 22 patients were under the age of eighteen and were admitted on the application of their parents. Only 57 were too ill to understand their need for treatment and were admitted on the petition of a relative. Ten patients were received by transfer from other hospitals in the State and one patient came from Payne Whitney Clinic.

Most patients were referred by physicians in private practice. They were well educated and held positions of responsibility in their communities. There were 13 executives, 9 physicians, 7 teachers, 3 attorneys, 3 engineers, 2 dentists, 3 architects, 3 secretaries, 2 nurses and 61 students. There were 101 housewives. There were 3 veterans of World War I, 33 of World War II, and 6 of the Korean conflict.

### DISCHARGES

Three hundred thirty-one patients, 195 women and 136 men, were discharged during the year. Two hundred eighty-five had either recovered or improved; thus 86 per cent of all patients discharged were definitely benefited by treatment. One hundred twenty-two, or 37 per cent, had been under treatment less than six months; 241 or 73 per cent, had been in the hospital less than a year. The following table gives more detail as to length of time patients were under treatment and their condition at the time of discharge.

#### DURATION OF HOSPITAL RESIDENCE OF PATIENTS DISCHARGED

	<i>Recovered</i>		<i>Much Improved</i>		<i>Improved</i>		<i>Unimproved</i>		<i>Died</i> *		<i>Total</i>
	<i>Men</i>	<i>Women</i>	<i>Men</i>	<i>Women</i>	<i>Men</i>	<i>Women</i>	<i>Men</i>	<i>Women</i>	<i>Men</i>	<i>Women</i>	
Less than											
6 months	11	1	28	18	11	36	6	4	4	3	122
6-12 mos.	12	3	26	42	6	23	2	4	1	....	119
1-2 yrs.	4	1	10	18	5	14	3	4	1	3	63
2-3 yrs.	....	..	1	4	1	1	....	1	1	3	12
3-4 yrs.	—	3	1	....	....	....	....	....	1	..	5
4-5 yrs.	—	—	1	1	....	1	....	....	..	1	4
More than											
5 yrs.	..	....	..	..	..	2	....	..	—	4	6
	—	—	—	—	—	—	—	—	—	—	—
Totals	27	8	67	83	23	77	11	13	8	14	331

\* Of these, 2 patients died out of the hospital while on visit.

## *TREATMENT*

Patients are received on the six admission halls of the men's and women's services, the hall to which they are assigned depending upon the individual patient's needs and degree of illness. The patient's relatives visit the hospital and confer with members of the medical staff. The story of the development of the patient's difficulty is obtained, together with information as to the family background, social and economic stresses, development of the personality and setting in which the first complaints and symptoms occurred. The nature and the dynamics of the reaction are explained. Social workers also advise the members of the family and later assist in the restoration of the patients to work or to voluntary community activities. They assist the physician by ameliorating social and economic strains and difficulties. In conjunction with a tour of the halls and the therapeutic facilities, the methods of treatment are explained to relatives.

Each patient is assigned to a physician who is responsible for the examination and the direction of treatment. In the physical study and investigation the aid of consultants in all departments of medicine and surgery is utilized. The clinical laboratory study includes complete blood counts, urinalyses, blood chemistry and serology tests. Other tests may also be indicated such as electroencephalography, electrocardiography, X-ray examinations and ketosteroid determinations. Dental examinations, treatments and periodic examinations are provided.

Psychotherapy is administered by the physicians with emphasis on dynamic and interpretive psychiatry. History and information from relatives, close friends and associates and from referring physicians is considered in connection with pertinent material from the patient's interviews and discussions. In the course of the reeducation process the patient learns better ways of balanced living, changing traits and attitudes which are alterable and learning to tolerate persisting difficulties and life situations. Sufficient time is devoted to the members of the patient's family and others interested and vitally concerned in the complete restoration of each patient. The psychologists, through diagnostic testing, treatment evaluation, vocational and avocational guidance assist in more precise understanding and treatment of patients.

The treatment program is organized in order to provide frequent consultation upon the problems of the individual patient. Daily conferences are held in both the men's and women's departments at which time physicians, supervisors of nursing, psychologists, social workers and the directors of the various program therapy departments discuss the condition, needs, treatment and schedule arrangements of all patients. The salient points in the history of newly admitted patients are presented to the group.

The patient is made to feel accepted, approved of, comfortable and at home through the concerted efforts of the physicians, nurses and other personnel. The newly admitted patient is introduced by the nurse to other patients and the schedules of meals, extra nourishment, rest periods, hall and other hospital activities are explained. In addition to physical care the nurses' attention is directed to the patient in a planned, structured and supportive social environment. In the daily life on the halls the entire nursing staff is most attentive

to the patient as an individual. This attitude is imparted to the affiliating student nurses who, in addition to receiving lectures, demonstrations and clinics, join the nursing staff in their work with patients. All patients actively participate in the social life and entertainments on the halls; they act as hosts and hostesses at teas, birthday parties and other functions, and assist in decoration of the hall and in arranging flowers occasionally gathered from their own gardens.

The department of nutrition prepares a regular diet which is nutritious and substantial for patients who are engaging in vigorous and active indoor and outdoor sports, recreational and occupational programs. Special diets are arranged according to the physical conditions and needs of patients. The house-keeping department plays an important role in the care of patients by maintaining homelike standards in attractive furnishings and hall appointments. Members of the housekeeping staff give lectures on interior decorating.

In addition to the medical and nursing care the physician prescribes for individual patients physiotherapeutic measures such as massage, hydrotherapy, ultra-violet and infra-red light, baking and diathermy. Prolonged baths and packs are employed to secure rest naturally and combat exhaustion from tension, excitement and restless agitation.

For each patient programs of occupational therapy and physical education are arranged. Although skill is desired, the socializing value of working and playing together and the satisfaction derived from useful and constructive activity are emphasized. Patients who work with their physicians through intricate emotional states and conflicts and who require prolonged and intensive medical and nursing care attribute much of their recovery to the various program therapies. These activities help the patients to regain their confidence and self-esteem and their feeling of belonging and contributing to the group. The occupational therapy departments are well-staffed in well-equipped buildings. The men engage in carpentry, printing, book binding, typing, metal work and jewelry making, painting, modelling, leather work and gardening. The women participate in sewing, making jewelry, enameling, typing, painting, mosaic tiles, weaving, knitting, cooking, fashion shows and gardening. The physical education department is operated by experienced and trained athletic directors and in addition to playing fields, tennis courts, golf course, a driving range and two well-equipped gymnasias, there is salt water bathing at York Lodge at Mamaroneck on Long Island Sound. Activities include baseball, golf, long walks through the fields and woods, touch football, handball, tennis, croquet, badminton, shuffleboard and the indoor sports of basket-ball, bowling, ping pong, pool, volley ball, dancing and corrective exercises. The program of social activities include evening dances, motion pictures, salmagundi parties, tournaments, exhibition games, films on occupational therapy and physical education topics, and afternoon tea dances for the patients, their relatives and friends.

As they improve patients advance to convalescent halls and to open houses. Greater responsibility for daily activities, initiative and individual creative work are encouraged. The librarians provide reading material for all patients on the halls and arrange for formal and informal book reviews, reading of plays and poetry, and literary discussions. Many patients assist in the work of the library.



THE POND

The music department gives individual instruction in voice, piano and other instruments. Sessions of record playing and group singing are held on the admission halls when convalescent patients are at other activities. Several guest artists provide recitals and concerts throughout the year. An accordionist entertains at country fairs and other outdoor activities during the summer. At Christmas the traditional carols are sung by patients and personnel.

By a carefully planned series of visits the convalescent patients are prepared gradually for leaving the hospital. At first they may go to the city with relatives; then they may spend certain evenings and weekends at home followed by more extended visits. At this point many patients commute to their regular or volunteer work for varying periods of time. The transitional period tests the level of improvement and recovery, makes possible rewarding therapeutic interviews and aids in the secure rehabilitation of the patient.

### *SPECIAL TREATMENT PROCEDURES*

*Electric Shock Therapy.* Up to the present time no other therapeutic measure can so dramatically assist in treating patients with symptoms of depression, agitation, exhausting excitements and turbulent periods of impulsiveness. During the year electric shock therapy was given to 63 men and 106 women.

*Insulin Therapy.* Sub-shock insulin therapy has continued to assist in stimulating appetite and allaying anxiety. In a few patients a combination of insulin and electric shock therapy has proven beneficial. During the year 5 patients received this form of therapy.

*Tranquilizing and Energizing Drugs.* These procedures have been most helpful in assisting patients to respond to psychotherapy and program therapy and in certain instances to readjust to home environments. One hundred sixty-four men and 185 women received one or more of these drugs.

### *PROGRAM THERAPIES*

With an increased interest in rehabilitation and physical medicine there has been a revival of interest in the effects of supervised and structured forms of program therapy. These are thoroughly described under Treatment.

### *PHYSICAL THERAPIES*

Miss Durkin has continued in charge of this department. The Men's department carried out 10,046 treatments and the women's department 31,210 treatments. Thirty-three patients received 133 prolonged baths and 166 patients received 2,446 packs. These procedures were administered on the halls by the nursing service.

### *OCCUPATIONAL THERAPY*

The women's department is under the direction of Miss Leete and the men's department under the direction of Mrs. Owen. There are three registered therapists and 11 assistants with craft experience. Students are employed in the summer to assist and receive experience in this field.





LIBRARY



## PHYSICAL EDUCATION

Mr. Gorton and Miss Phelan have continued in charge of the men's and women's departments with their 11 assistants.

## MUSIC DEPARTMENT

Mr. Mills has greatly increased the scope of this department through individual teaching of informal and formal programs. One hundred thirty-one patients received 1,622 lessons. These included 16 instruments.

## LIBRARIES

Miss Wahrow has continued in charge of the medical and nursing libraries, and has been helpful to the entire staff in research and reading. One hundred sixty-one volumes were added, making a total of 8,740 volumes. Subscriptions to 77 medical journals and 15 psychological journals were continued.

Ninety-four volumes were added to the nurses' library, making a total of 964 volumes. Subscriptions to eight journals were continued.

Miss Bernholz has continued in charge of the patients' library. Four hundred twenty-nine volumes were added to this library so that at the end of the year an inventory showed 7,316 volumes.

Subscriptions to 115 periodicals were continued. A loyal and kind friend of the hospital has continued to give most of the important British magazines to the library.

For other professional and administrative departments and waiting rooms, subscriptions to 42 periodicals were continued.

## OPERATING ROOM

There were 27 procedures carried out, including six dental operations.

## CLINICAL AND X-RAY LABORATORIES

Dr. Clow has continued in charge of this department. During the year patients, where indicated, were immunized against poliomyelitis and influenza. A total of 14,442 laboratory tests were made, including all studies on newly admitted patients, other tests when indicated, and those in association with special treatment procedures.

Examinations of our milk and water supplies have shown the usual high standards of quality and purity.

*X-ray Laboratory.* In addition to all special or indicated studies, chest films were made on all newly admitted patients and repeated yearly examinations on all remaining in residence. Employees, old and new, were handled in the same way. A total of 2,809 X-ray examinations was made.

*Electroencephalography.* During the year 231 electroencephalographic studies were made.

*Electrocardiography.* Two hundred forty-four electrocardiographic studies were made.

The following tables give details of the work of the laboratories.

# *CLINICAL LABORATORY*

	<u><i>Patients</i></u>	<u><i>Employees</i></u>	<u><i>Total</i></u>
Bacteriology and Parasitology:			
Cultures:			
Water .....	....	....	24
Miscellaneous .....	43	7	50
Microscopic:			
Gonococci .....	156	1	157
Miscellaneous .....	4	122	126
Chemistry:			
Blood .....	894	92	986
Feces .....	9	1	10
Spinal Fluid .....	17	....	17
Gastric analysis -HCL .....	2	....	2
Cytology:			
Blood .....	4,080	667	4,747
Spinal fluid .....	5	....	5
Functional tests:			
P.B.I. ....	44	12	56
Miscellaneous .....	21	2	23
Serology .....	304	228	532
Urine examinations:			
Routine .....	3,437	350	3,787
Bilirubin .....	3,942	2	3,944
Tests for spores on operating room sterilizers ....	....	....	12
Post mortem examinations .....	13	....	13

# X-RAY LABORATORY EXAMINATIONS

	<u>Patients</u>	<u>Employees</u>	<u>Total</u>
* Head .....	18	5	23
† Thorax .....	344	941	1,285
Spine .....	882	30	912
Shoulder .....	10	10	20
Upper Arm .....	....	1	1
Elbow .....	6	4	10
Forearm .....	2	....	2
Wrist and Hand .....	29	22	51
Abdomen .....	34	47	81
Pelvis and Hip Joint .....	14	2	16
Thigh .....	2	....	2
Knee .....	8	14	22
Leg .....	3	1	4
Ankle .....	20	13	33
Foot .....	14	15	29
Gastro-intestinal tract .....	12	13	25
Cholecystogram .....	2	7	9
Genito-urinary tract .....	10	5	15
Fluoroscopic examinations .....	12	13	25
Teeth (complete examinations)	269	....	269
Teeth (partial examinations) .....	206	15	221

\* Inclusive of examinations for skull, sinuses, jaw and nose.

† Inclusive of examinations for lungs, heart, ribs and esophagus.



DRESS MAKING—OCCUPATIONAL THERAPY

## *THE OUTPATIENT DEPARTMENT*

The outpatient department organized as The Mental Hygiene Clinic of the Westchester Division, Inc., has completed eight years of service to the residents of Westchester County. During the year the total number of patients treated in the outpatient department since its opening exceeded a thousand.

Dr. William K. McKnight has continued in charge, with the assistance of the senior members of the medical staff, four psychiatric consultants for teaching and supervision, members of the social service and psychology departments. The second and third year resident physicians in training spend two and three half days per week in the clinic.

The clinic continues in close cooperation with the Community Mental Health Service under the leadership of Dr. Sheldon Gaylin. The staff continues to meet regularly with other workers in community clinics to discuss mutual problems and policies.

The patients came from 39 different communities in Westchester County and as in the past preference has continued to be given to patients who respond to short-term treatment and only those are accepted who cannot afford private psychiatric fees. The clinic has operated as an all-purpose service for adults, adolescents, and children. Three hundred eighty-six patients and their families were treated in 6,740 interviews. The sources of referral have continued to be physicians in private practice, social agencies and schools. Many came upon their own application. Two hundred sixty-three adults, 46 adolescents and 68 children came for treatment. Many patients presented relatively severe personality and emotional disorders and continued emphasis has been placed on individual treatment, family centered treatment, teaching and research.

The staff has continued to make outstanding contributions to the mental health needs of the community and has worked in close cooperation with all agencies and organizations concerned with maintaining and promoting mental health.

## *MEDICAL STAFF EDUCATION PROGRAM*

Dr. Prout, the Clinical and Assistant Medical Director, has been in charge of directing and coordinating the treatment, training and research programs of the hospital.

Dr. Hamilton and Dr. Moorhead have continued in charge of the men's and women's departments respectively. Doctors McKinley, Seelye, O'Neil, Feldman, Warren and McGrew have assisted in supervising treatment and training.

In addition to the daily clinical conferences, two weekly staff conferences are held, at which time patients and their case histories are presented for diagnostic and treatment discussions. Residents in training have weekly conferences with the Medical Director and the Clinical Director in addition to daily conferences with the senior members of the medical staff and the outpatient staff. The residents in the outpatient department have special conferences with the teaching consultants.



POTTERY

During the year the senior staff presented to the resident staff the following lectures illustrated with slides and movies:

*Introduction to the Hospital* by Dr. Prout;

*History of the New York Hospital-Westchester Division* by Dr. Wall;

*Methods of Examination and Interviewing* by Dr. Wall;

*Review of Care and Treatment of Mental Illness* by Dr. McKnight;

*Dynamics of Personality Development and Symptom Formation* by Dr. Wall;

*Legal Aspects of Psychiatry and Procedures for Admission* by Dr. Prout;

*Symptomatology and Terminology* by Dr. McKnight;

*Laboratory Procedures and Techniques* by Dr. Clow;

*Program Therapies* by Dr. Wall;

*Physical Treatments, Prolonged Baths and Packs* by Miss Wainwright;

*Paranoia, Paraphrenia and Paranoid Disorders — Symptoms and Therapy* by Dr. Moorhead;

*The Problem of Alcohol and Drug Addiction* by Dr. Prout;

*Manic-Depressive Psychoses* by Dr. Hamilton;

*Psychopathic States and Character Disorders — Symptoms and Therapy* by Dr. Seelye;

*Schizophrenic Reaction Types — Symptoms and Therapy* by Dr. Wall;

*Involutional Psychoses* by Dr. Hamilton;

*Toxic and Organic Reactions* by Dr. McKinley;

*Encephalography* by Dr. Clow;

*Psychoneurotic Reaction Types — Symptoms and Therapy* by Dr. McKnight;

*Adjunctive Therapies* by Dr. McKinley;

*Psychotherapeutic Techniques* by Dr. McKnight;

*Interview Techniques* by Dr. McKnight;

On November 9th a special meeting was held to which physicians of the community were invited. Dr. Becker and Mr. Gorton presented a paper on *Program Therapies — Morale Building and Moral Management*.

Dr. Gerard Fountain completed a series of lectures on *Psychoanalytic Psychiatry*.

Dr. Seward Hiltner of Princeton Seminary lectured on *Religion and Psychiatry*.



GOLF INSTRUCTION



Residents in training are furnished transportation to psychiatric and medical meetings in Westchester County and New York City. The residents participate in teaching affiliating student nurses.

Doctors McKinley and Seelye continued in charge of special treatment procedures.

The Monday Night Meetings, formal seminars, have continued under the direction of Dr. Prout. Reports of studies and scientific papers were presented along with films and slides for teaching purposes. The following were topics at these meetings:

*Lectures on Psychology* by Dr. Loranger and Dr. Beckett;

*Clinical Pathological Conferences* by Dr. Richard Torack and Dr. Bradess;

*The Outpatient Department* by Dr. McKnight and staff;

*Vampirism* by Dr. Vanden Bergh;

*Result of Hospital Treatment of 100 Adolescent Female Patients* by Dr. Moorhead, Dr. O'Neil and Dr. Edelson;

*A 10 Year Look at Ourselves* by Dr. Feldman;

*Kraepelin's Interpretation of Schizophrenia* by Dr. Sneed;

*Interpretation of Writings of Erich Fromm* by Dr. Greenberg;

*Bleuler's Interpretation of Schizophrenia* by Dr. Raine.

#### TEACHING, CONSULTATION AND CLINICAL APPOINTMENTS

Dr. James H. Wall: Professor of Clinical Psychiatry at Cornell University Medical College, Consulting Psychiatrist to the White Plains Hospital, the Grasslands Hospital, Valhalla, New York, Consultant in Neuropsychiatry to the Phelps Memorial Hospital in North Tarrytown, New York, and Chairman of the Westchester County Community Mental Health Board.

Dr. Curtis T. Prout: Associate Professor of Clinical Psychiatry at Cornell University Medical College, and Consulting Psychiatrist to the White Plains Hospital.

Dr. William K. McKnight: Instructor in Clinical Psychiatry at Cornell University Medical College, and President of the Psychiatric Society of Westchester County, the Westchester District Branch of the American Psychiatric Association, also a Section of the Westchester County Medical Society.

Dr. Hollis E. Clow: Attending Psychiatrist at White Plains Hospital, Consultant in the Division of Neurology at Grasslands Hospital, Valhalla, New York and Consultant in Neurology at Lawrence Hospital, Bronxville, New York.

Dr. H. Michael Grant, resident physician, completed three years of training on June 30th and left to enter private practice.

Dr. Charles M. Graz, resident physician, completed three years of training on June 30th and left to enter military service.



GOLF COURSE

Dr. Richard L. Vanden Bergh, resident physician, completed two years of training on June 30th and left to join the staff of the University of Colorado.

Dr. Rosemary B. Felton, senior assistant psychiatrist, left on June 30th to enter private practice.

Dr. Herbert E. McGrew was promoted to senior assistant psychiatrist on July 1st, 1964.

Dr. Porter H. Warren was promoted to senior assistant psychiatrist on July 1, 1964.

Dr. Simon J. Epstein was appointed assistant resident physician on July 1st.

Dr. Richard B. Gould was appointed assistant resident physician on July 1st.

Dr. Richard F. Hattan was appointed assistant resident physician on July 1st.

Dr. Barbara E. O'Brien was appointed assistant resident physician on July 1st.

Dr. David B. Robbins was appointed assistant resident physician on July 1st.

Dr. William L. Stewart was appointed assistant resident physician on July 1st.

Dr. E. Leslie Van Nostrand was appointed assistant resident physician on July 1st.

#### *NURSING SERVICE AND EDUCATION*

Miss Lucy Wainwright, who had served the hospital faithfully for 16 years and as Director of Nursing for two years, retired and was succeeded by Mrs. Anne Meyers who has been on the staff of the hospital for 13 years, serving two years as Assistant Director. This department has continued the usual high standards of patient care. The nursing service has given instruction and practical experience to nurses in training, and intensive courses for the regular staff and psychiatric aides. During the year 257 affiliated student nurses received the twelve weeks course in psychiatric nursing. The training schools from which these students came were: the Lenox Hill Hospital, Roosevelt Hospital, St. Luke's Hospital, all of New York City; the New Rochelle Hospital of New Rochelle, New York, the St. John's Hospital of Yonkers, United Hospital in Port Chester, White Plains Hospital, and St. Catherine's Hospital of Brooklyn, New York.

Thirteen graduate nurses have taken the basic psychiatric course during the year.

The Nursing Advisory Council for affiliating students and the Katherine F. Hearn Scholarship Fund Committee met on April 24th. Seven graduate nurses have attended college during the year through the support of the Fund.

On the last day of the year there were 289 members on the nursing staff, including the director, 13 supervisors and instructors, 35 graduate nurses, 13 part time graduate nurses, 23 practical nurses, 105 psychiatric aides, and 1 nursing technician. There were 2 part time practical nurses, 7 part time registered nurses, 10 part time psychiatric aides, and 2 ushers. There were 77 affiliating student nurses.



TENNIS

### *PSYCHOLOGY DEPARTMENT*

Dr. Armand W. Loranger has continued in charge and the department tested 122 patients in the inpatient and outpatient services.

### *SOCIAL SERVICE DEPARTMENT*

Mrs. Lucille Andrews has continued in charge of this department. Mrs. Hotchkiss and one of the assistants have worked with inpatients and their families. Two hundred twenty-one patients and their families received this service. The Social Service staff participated frequently in a variety of meetings and conferences with schools, church boards, Family Service Agencies, hospitals, Probation Departments, Family Courts and other agencies to discuss plans for meeting the community's mental health needs. The program of training for graduate students from the New York School of Social Work of Columbia University has been continued.

### *DENTAL DEPARTMENT*

Dr. Slater and his assistants have carried on the work of this department. All patients have received complete oral and X-ray examinations periodically. A total of 1,838 patients visited the department and 5,409 operations were performed.

### *MEDICAL CARE OF PERSONNEL*

Dr. Clow and Dr. Flynn have continued in charge of this service. Two hundred thirty complete physical examinations for employees were made during the year. There were 2,128 visits to the Employees' Clinic and 122 admissions to the infirmary. Immunization procedures were made available. Special problems were referred to the New York Hospital in Manhattan.

### *DEPARTMENT OF NUTRITION*

Miss Randall has continued in charge of this department and with her assistants has prepared meals for all patients and personnel, totalling 465,008. Special diets were prepared for 100 patients and 12 employees. Hot meals were prepared and served for 656 patients' visits to York Lodge during the summer. Food and refreshments were prepared for picnics and parties for patients. Students from the Westchester Community College received practical experience and instruction.

### *HOUSEKEEPING*

Mrs. Helen Smyth has continued in charge and has supervised all areas of patient and personnel living accommodations. The housekeeping department has continued in charge of all hall aides and has directed the serving of all meals and refreshments to patients, as well as at social functions of the hospital.

### *CIVIL DEFENSE*

The hospital has continued to cooperate with the officials of the City of White Plains in the Civil Defense program.



PICNIC IN GARDEN



Supplies have been received and placed in basement shelter areas. These consist of metal containers for water, cartons of food cases, sanitation and medical supply kits.

#### *SPECIAL EVENTS AND OTHER ITEMS OF INTEREST*

*Meetings.* The Board of Governors of the New York Hospital held its regular monthly meeting at the hospital on June 2nd followed by a tour of the hospital and dinner.

District #16 of the American Nurses Association held its meeting at the hospital on November 10th.

*Inspections.* Inspection of the hospital by representatives of the New York State Department of Mental Hygiene was made as follows: Dr. Charles E. Niles on April 9th and Dr. Peter L. Goode on August 27th.

The hospital was inspected by representatives of our insurance carriers in June and November.

The White Plains Fire Department inspected all areas of the hospital plant in February.

*Visitors.* Visits of friends and relatives to patients totaled 16,466, 10,441 to women patients and 6,025 to men patients.

One hundred seventy-three former patients made 849 visits to the hospital and to our New York office at the Payne Whitney Clinic, a service given to patients during their first few months of readjustment in the community.

Miss Elizabeth Bronk and Mrs. Margaret Sager of the Greenwich Health Association visited the hospital on January 17th.

Dr. John C. Duffy and Dr. Charles F. Martin of International Business Machines Corporation visited on March 19th.

Directors of Education of the affiliating Schools of Nursing visited the hospital during the year.

Miss Futterer of the State Education Department visited on April 3rd.

Representatives of Columbia University School of Public Health visited the hospital on April 23.

Twenty-five teachers from Westchester County schools visited the hospital on Business Education Day on May 15th.

Members of the Westchester County Mental Health Association visited the hospital on May 20th.

Students from New York Hospital — Cornell Medical School for Nursing visited the hospital on May 4th.

Dr. and Mrs. Mukasa from Tonomachi, Nakatu-Shi, Oita-Ken, Japan, visited the hospital on September 22.

Dr. Seward Hiltner of Princeton Seminary visited the hospital on October 24th.



YORK LODGE



*Religious Services.* The Reverend David B. Weden, Rector of Grace Church, White Plains, and chaplain of the hospital, has continued to conduct the services on Sunday afternoon and has administered communion regularly throughout the year.

Monsignor Eugene A. Murtha of the Church of Our Lady of Sorrows, White Plains, has attended to the religious comfort of the Roman Catholic patients, including the regular celebration of Mass.

Rabbi Morton L. Gordon of Mt. Vernon has conducted regular services for Jewish patients.

### ADDRESSES, PAPERS AND PUBLICATIONS

Dr. James H. Wall: *The Life of Stephen Foster*, assisted by Robert R. Mills, at the Payne Whitney Clinic of the New York Hospital, November 12; participated in meetings in New York City and at Albany, New York, concerning the changes in legislation regarding the admission of patients to psychiatric hospitals; participated in several meetings of the Advisory Council on Alcoholism of the State Department of Mental Hygiene.

Dr. Curtis T. Prout: *Reaction to the Use of Amphetamines as Observed in a Psychiatric Hospital*, New York State Journal of Medicine, May 15, 1964; participated in meetings of the Westchester Council of Social Agencies.

Dr. William K. McKnight: Moderated a Panel at White Plains High School for the Mental Health Association on "What Is the Role of the School in Developing Emotional Health in our Children?" May 6th.

Dr. Harry H. Moorhead: *Social Development of the Child*, Our Lady of Sorrows Church, Nov. 18th; *Doridan Addiction* at White Plains Hospital Medical Staff Conference, Jan. 21st; *Alcoholism* (with Dr. R. A. McKinley), Chapter 27, Progress in Neurology and Psychiatry, Grune & Stratton, New York, 1964.

Dr. Robert A. McKinley: *Role of Concrete Thinking in Schizophrenia*, New York State Journal of Medicine, Vol. 64, No. 6, Mar. 15, 1964; *Alcoholism* (with Dr. H. H. Moorhead), Chapter 27, Progress in Neurology and Psychiatry, Grune & Stratton, New York, 1964.

Dr. Richard Vanden Bergh: *Vampirism* — Archives of General Psychiatry, Nov. 1964, Vol. 11.

Dr. Simon J. Epstein: *The Control of Enuresis with Imipramine in the Presence of Organic Bladder Disease* (with Dr. Augusto De Quevedo), The American Journal of Psychiatry, Vol. 120, No. 9, March, 1964.

### PUBLIC RELATIONS

Mrs. Miller has continued in charge of this department and has edited *The Spokesman* each month for all personnel. Lectures, with slides, of the hospital history and its activities were presented to personnel at intervals.



WOMEN'S DEPARTMENT

Through the courtesy of station WFAS, White Plains, the following radio programs were presented:

Mrs. Owen: *Occupational Therapy as a Function of Psychiatric Therapy*, January;

Dr. McGrew: *Mental Illness and Delinquency*, February;

Mrs. Smyth: *Housekeeping Department — in Specific Setting of the Psychiatric Hospital*, March;

Dr. Feldman: *Length of Hospital Stay*, April;

Dr. Seelye: *The Diagnosis of the Presence of Mental Illness Requiring Hospital Treatment*, May;

Mr. Mills: *Music Therapy as a Diagnostic and Treatment Aid*, June;

Dr. Hamilton: *The Occurrence of Mental Illness in Middle Life*, September;

Dr. Robbins: *The Psychopathic Patient*, October;

Dr. Prout: *Aspects of Modern Psychiatry*, November.

#### IMPROVEMENTS AND MAINTENANCE

The departments of maintenance, grounds, and transportation have kept the plant and buildings in excellent condition and the grounds in an attractive state.

The conversion of alternating current is nearly completed.

Extensive repairs to roofs have continued and two new houses for senior physicians were completed and occupied in May.

Sections of the Administrative Manual were revised. Additions were made covering fire prevention.

The old greenhouse was replaced by a more modest and modern one near the formal gardens.

Extensive repairs and replacements to the entire plant were completed.

The pumping of water from wells was discontinued as this was found to be uneconomical.

#### GIFTS

During the year 623 contributions were received and the amount contributed was \$128,152.97 making a total of \$1,923,947.30 since the appeal began. This generous giving of the friends of the hospital has enabled the administration to expand programs of service to the community, teaching and research, together with extensive additions, replacements, repairs, and improvements to the plant and grounds.

#### RESEARCH IN PROGRESS

Evaluation of the effects of tranquilizing and energizing drugs.

Evaluation of the effectiveness of electric shock treatments.

Studies of rehabilitation of young men and women, supported by the New York Hospital — Cornell Medical Center Foundation.

Studies of schizophrenic patients.

Studies of anorexia nervosa.

Studies of drug addiction and alcoholism.

Investigation of the problem of aging.

### NEEDS

This year marks the beginning of a program of notable expansion in teaching and research. Funds will be needed to support the expansion together with increasing services to the community. It is hoped that these needs will receive the attention of public spirited friends so that the hospital with its outstanding history and traditions of excellence can expand these services in the coming years.

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For the excellent team work in all fields of endeavor the Medical Director wishes to thank each individual member of the staff and personnel. To the Board of Governors, the Chairman and Members of the Westchester Division Committee, and all interested friends of the hospital, I wish to express my deep appreciation for their guidance, advice and generous support.

Respectfully submitted,

JAMES H. WALL, M.D.

*Medical Director.*

GENERAL STATISTICS OF PATIENT POPULATION  
FOR THE YEAR ENDING DECEMBER 31, 1964

	<i>Men</i>	<i>Women</i>	<i>Total</i>
Total on books December 31, 1963 .....	154	263	417
In hospital .....	114	177	291
On visit .....	40	86	126
Admitted during the year:			
First admissions .....	86	97	183
† Readmissions .....	42	66	108
Transfers .....	8	2	10
Total admitted .....	136	165	301
Total under treatment during the year .....	250	342	592
Discharged during the year:			
* As recovered .....	25	8	33
* As much improved .....	47	67	114
* As improved .....	14	63	77
* As unimproved .....	4	7	11
As without mental disorder:			
Alcoholism .....	23	22	45
Drug addiction .....	5	3	8
Psychopathic personality .....	4	3	7
† Died .....	8	14	22
Transferred .....	6	8	14
Total discharged .....	136	195	331
Total remaining on books December 31, 1964 .....	154	233	387
In hospital .....	118	157	275
On visit .....	36	76	112
Daily average population on books .....	155	250	405
Daily average population excluding visits .....	112	168	280
Rated capacity of hospital .....	158	192	350
Voluntary cases admitted during the year:			
First admissions .....	54	76	130
Readmissions .....	35	54	89
Physician's certificate cases admitted .....	8	5	13
Cases admitted on voluntary minor application .....	12	10	22
Voluntary cases certified for mental disorder .....	13	16	29
Voluntary cases certified on inebriate certification .....	28	24	52
Physician Certificate to certified for mental disorder .....	3	....	3
Inebriate certification cases certified for mental disorder.....	....	1	1
Voluntary patients on books at the end of the year .....	66	90	156
Average number on visit during the year .....	43	82	125

† Refers to previous admission to any hospital for mental disorder.

\* Exclusive of transfers and those without mental disorder.

‡ 2 patients died while on visit.

# THE NEW YORK HOSPITAL—WESTCHESTER DIVISION

## GENERAL TABLE OF STATISTICS Compiled from the Annual Reports of the Institution

Year	Whole Number Admitted	Admitted by Legal Procedure	Voluntary	Whole Number Treated during the Year	Whole Number Discharged during the Year	Recovered	Improved and much Improved	*Not Improved	Died	On Books at End of Year	Daily Average No in Hospital
1821 to 1893.	9,305	9,303	2	..	9,003	3,635	2,436	1,585	1,345	...	...
1894.....	128	128	..	433	144	40	56	17	31	286	294
1895.....	145	145	..	434	126	40	39	19	28	305	299
1896.....	128	128	..	436	122	33	47	19	23	311	312
1897.....	133	131	2	447	106	30	37	12	27	338	318
1898.....	91	90	1	432	106	26	35	18	27	323	323
1899.....	108	102	6	434	93	24	35	16	18	338	331
1900.....	98	97	1	439	99	25	43	8	22	337	339
1901.....	91	68	23	431	100	26	33	14	27	328	328
1902.....	95	76	19	426	94	24	37	12	21	329	329
1903.....	124	95	29	456	111	31	35	18	27	342	336
1904.....	127	89	38	472	132	34	60	10	28	337	340
1905.....	111	84	27	451	100	34	43	8	15	348	344
1906.....	101	76	25	452	112	32	43	12	25	337	335
1907.....	127	107	18	467	123	44	35	22	34	340	340
1908.....	124	91	33	468	114	33	30	24	27	351	347
1909.....	122	82	40	476	129	40	40	27	22	344	343
1910.....	131	88	43	478	120	31	39	24	26	355	352
1911.....	140	74	66	498	121	39	35	25	22	374	351
1912.....	156	101	55	533	175	45	38	25	22	355	355
1913.....	144	82	62	504	154	36	54	13	17	345	333
1914.....	201	103	98	551	188	26	64	23	23	358	345
1915.....	193	94	99	556	202	30	85	22	14	349	336
1916.....	254	92	162	608	257	50	86	37	33	346	323
1917.....	222	73	149	573	242	47	49	38	23	326	312
1918.....	260	61	199	590	273	69	54	31	19	313	298
1919.....	309	68	241	622	316	83	152	42	15	306	302
1920.....	243	61	182	549	223	44	133	38	8	326	309
1921.....	273	68	205	599	303	52	126	45	13	296	290
1922.....	257	57	200	553	241	36	127	36	11	312	288
1923.....	267	75	192	579	272	68	107	46	17	307	284
1924.....	290	82	208	597	288	63	122	34	10	309	277
1925.....	290	91	199	599	290	53	136	88	13	309	276
1926.....	278	102	176	587	300	61	135	95	9	287	267
1927.....	276	102	174	563	253	62	108	76	7	310	257
1928.....	249	89	160	559	261	52	105	59	9	298	263
1929.....	248	84	164	546	243	59	112	65	7	303	257
1930.....	261	73	188	564	278	60	123	77	18	286	251
†1931.....	264	47	214	547	244	63	125	50	6	303	251
‡1932.....	231	27	204	534	269	46	158	53	3	265	241
1933.....	227	51	176	492	229	57	108	60	4	263	228
1934.....	236	47	189	499	217	41	119	53	4	282	230
1935.....	270	49	221	552	242	45	134	59	4	310	235
1936.....	277	46	231	587	280	73	133	65	9	307	264
1937.....	342	94	248	649	308	41	173	78	16	341	249
1938.....	311	83	228	652	306	67	159	67	13	346	246
1939.....	350	80	270	696	358	72	202	72	12	338	259
1940.....	333	111	222	671	285	89	139	48	9	386	244
1941.....	378	107	271	764	350	106	175	59	10	414	273
1942.....	361	104	257	775	379	94	209	61	15	396	279
1943.....	341	88	253	737	352	102	176	56	18	385	259
1944.....	352	92	260	737	331	116	152	52	11	406	263
1945.....	346	73	273	752	348	132	138	58	20	404	270
1946.....	322	69	253	726	335	111	151	53	20	391	273
1947.....	275	65	210	666	304	75	166	45	9	362	269
1948.....	350	111	239	712	335	94	167	55	19	377	255
1949.....	360	115	245	737	344	100	186	44	14	393	274
1950.....	329	100	229	722	345	90	186	54	15	377	272
1951.....	359	124	235	736	338	75	190	53	20	398	272
1952.....	318	111	207	716	325	84	172	50	19	391	278
1953.....	349	108	241	740	341	69	215	38	19	399	274
1954.....	343	127	216	742	326	82	180	50	14	416	288
1955.....	328	80	248	744	315	66	195	39	15	429	287
1956.....	304	70	234	733	339	66	218	37	18	394	286
1957.....	316	78	238	710	312	45	210	41	16	398	281
1958.....	369	80	289	767	360	87	215	42	16	407	282
1959.....	342	81	261	749	371	79	236	36	20	378	256
1960.....	331	98	233	709	306	73	189	24	20	403	275
1961.....	330	96	234	733	315	36	205	35	39	418	290
1962.....	347	78	269	765	341	39	270	2	11	424	302
1963.....	314	38	246	738	321	33	231	44	13	417	287
1964.....	301	60	219	592	331	35	250	24	22	387	280
Totals...	27,003	15,432	11,449	...	26,616	7,700	11,205	4,456	2,664	...	...

\*Includes patients transferred

†From this year changes of status not included as in previous years

‡Includes patients on visit

# INFORMATION RELATING TO THE ADMISSION OF PATIENTS

## APPLICATIONS

Application for the admission of patients may be made at the hospital at any time, or at our office in The New York Hospital, 525 East 68th Street, New York City, on Wednesdays, at noon.

Information will be gladly given by telephone, but it is not customary to accept patients without the more careful inquiry made possible by an interview.

Applications should be made by personal call of some one who is prepared to describe the case, and to make the necessary arrangements.

An examination of the patient before admission is not required.

Application for the admission of patients at a distance may be made by telephone or by letter. A full description of the case and of the circumstances is required.

## ADMISSION

The large majority of the patients sign their own applications on arrival at the hospital. Patients are also received on physician's certificate and on court authority as provided by the New York laws.

Patients who have been placed under the control of the hospital by court authority will, on request, be sent for. Others must be brought to the hospital.

## CLASS OF PATIENTS

In the admission of patients, preference is given to those suffering from forms of nervous and mental disorders in which a favorable result from treatment may be reasonably expected.

Doubtful cases may be received for observation and diagnosis.

A very limited number of alcoholic and drug cases with a favorable outlook may be received under the provisions of the Mental Hygiene law.

Patients who seem likely to require an extended period of treatment may, when there is room and they are otherwise suitable, be received, for periods of study, at rates that will contribute to the support of the work of the hospital.

As the field of the hospital's activity must necessarily be limited and as a suitable social environment is essential to successful treatment, in the selection of cases for admission a good level of education, refinement and social adaptability is required.

## TERMS

The rate charged depends upon the type of case, the attention required, and the accommodations desired.

Patients whose relatives are unable to pay the full cost may be received at low rates or without charge if the disorders from which they are suffering are recoverable and they are persons who come within the field of work in which The Society of the New York Hospital has found it can most usefully apply its resources. A large proportion of the patients thus received are professional men or women and members of their families. Preference is given to residents of New York State.

Extra charge is made for dental X-ray films and dental prophylaxis which are expected to be carried out for all patients. For other dental work and for surgical and other professional services that require specialists, extra charges are made for which, except in emergencies, approval is expected to be obtained in advance from the person responsible for the support of the patient in the hospital.

Consultations with family physicians and consulting specialists can, when desired, be arranged for after conference with the hospital physicians.

## EXPRESSIONS OF APPRECIATION

Friends from time to time desire to express, by gifts to the Hospital, their appreciation of the treatment of patients and the work done by the Hospital.

The Medical Director will be pleased to give information concerning various needs of the Hospital that would come within the scope contemplated by the donor.

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## LEGACIES TO THE HOSPITAL

No precise words are necessary to a valid legacy to the Society. The following clause, however, may be suggested:

"I give to THE SOCIETY OF THE NEW YORK HOSPITAL, for the use of The New York Hospital — Westchester Division, the sum of . . . . . dollars."

If land or any specific personal property, such as bonds, stocks, etc., is given, a brief description of the property should be inserted instead of the words "the sum of . . . . . dollars."



## ACCREDITED BY

The Joint Commission on Accreditation of Hospitals

American College of Physicians

American College of Surgeons

American Medical Association

American Hospital Association

Also approved by:

The American Psychiatric Association

The American Board of Psychiatry and Neurology





